

THE MALTA COLLEGE OF PHARMACY PRACTICE
 PROFESSIONAL DEVELOPMENT PROGRAMME - WINTER 2007
IS BEING SUPPORTED BY



Ms Maria Rosella Dalmás BPharm



**Malta College
of Pharmacy Practice**

c/o Department of Pharmacy
 University of Malta
 Msida MSD 06 • Malta
 Tel: (356) 2340 2908
www.mcppnet.org

MALTA COLLEGE OF PHARMACY PRACTICE

PROFESSIONAL DEVELOPMENT PROGRAMME WINTER 2007

in collaboration with
 Department of Pharmacy
 Department of Clinical Pharmacology & Therapeutics
 University of Malta

Renewal of Membership

October 2006 - September 2007

- Lm9 Full Member (≥30 credits)
- Lm10 Associate Member (< 30 credits)
- Lm10 New Member

For clarification of membership status and amount payable you may send an email to:
registrar@mcppnet.org
 Cheques should be mailed to:
 Dr Maria Cordina, President
 Malta College
 of Pharmacy Practice
 c/o Department of Pharmacy
 University of Malta, Msida

In the interest of efficiency we would like to urge pharmacists to pay their membership in advance. Cheques payable to The Malta College of Pharmacy Practice

Session	Date	Book by
1 Oro-Dental 1	10 January	3 January
2 Oro-Dental 2	17 January	10 January
3 Pharmacotherapy	24 January	17 January
4 Oral Hygiene	31 January	24 January
5 Prostheses	7 February	31 January
6 Procedures	15 February	7 February

Exclusive attendance

All registered pharmacists are invited to become members of the Malta College of Pharmacy Practice and attend. Only registered pharmacists are eligible to become members of the College and thus participate in the events organised.

Students wishing to attend should send an email to: president@mcppnet.org

BOOKING

may be placed preferably by email info@mcppnet.org

or by phone 7947 0720 or 2340 2908 (office hours)

Please update
your contact details online by visiting

www.mcppnet.org

Oral Health



Dear Colleagues

This winter we have felt the need to address the topic of Oral health in detail. Our programmed is varied and interesting. The aim is to supplement pharmacists' knowledge in this area and encourage them to be proactive in the area of oral health. Our team of speakers is once again multidisciplinary as we will be addressed both by dentist and dental hygienist. The topics are diverse and cover all areas of primary importance to pharmacists. Pharmacists are very often the first health care professionals that persons with oral symptoms encounter and are ideally placed to intervene in order to address the problem, to prevent oral health problems and to advise on healthy oral practices.

As always we urge all pharmacists, both experienced and also young graduates to become members of the College and participate in our activities. We would also like to thank our speakers who have kindly and enthusiastically agreed to facilitate these workshops and the sponsors for their support.

Maria Cordina

BPharm(Hons), PhD(QUB), Dip Health Outcomes Research
President, Malta College of Pharmacy Practice

PHARMACEUTICAL CARE

*...is the responsible provision of drug therapy for the purpose of achieving definite outcomes that improve a patient's quality of life...
...is provided for the direct benefit of the patient and the pharmacist is responsible directly to the patient for the quality of that care."*

C.D. Hepler

SESSION 1**Common Oro-Dental Conditions 1: Hard Tissues****Scope**

The acute and chronic disorders which may affect the teeth and jaws will be outlined. Acute and emergency management will be discussed and the importance of early referral stressed.

Objectives

- To understand the pulpal and periodontal causes of dental pain.
- To outline emergency management post-extraction problems.
- To outline possible outcomes and complications of dento-alveolar infections.
- To evaluate the role of antibiotics in dento-alveolar infections.

Learning objectives

- By the end of the session pharmacists will appreciate better:
- The aetiology of odontogenic and non-odontogenic facial pain.
 - The differentiation between odontogenic pain of pulpal and periodontal origin.
 - When analgesics and antibiotics are indicated.
 - Immediate management of acute trauma to teeth and jaws.

Delivered by

George E Camilleri

HDD, FDS(Edin & Glasg)

Professor of Dental Surgery, University of Malta

Date Wednesday, 10 January 2007

Time 19:30 for 20:00

Venue Lecture Centre, Car Park 2
University of Malta

Book by Wednesday, 3 January 2007

This workshop provides 1.5 hours towards the MCPP continuing education requirement.

SESSION 2**Common Oro-dental Conditions 2****Scope**

This presentation unites two specialties in dentistry that interface with one another but have entirely separate objectives.

While caries declines in the western world, this is not the case with the periodontal diseases that affect the supporting tissues of the teeth. The prevalence of these infective conditions still remains significant. Periodontology is concerned not just with the "saving of teeth" but with controlling infection around teeth and establishing an oral environment that is conducive to the overall health and well being of the patient.

Oral medicine is that area in dentistry concerned mainly with diseases involving the oral and perioral structures, especially the oral mucosa, and the oral manifestations of systemic diseases. Some of these oral conditions are important because of frequency or seriousness.

Objectives

- To demonstrate periodontal diseases and their effects on the supporting tissues of the teeth.
- To demonstrate oral mucosal conditions, especially those responsible for causing a sore mouth.
- To briefly outline of the management of both periodontal diseases and the sore mouth.

Learning Objectives

- By the end of the session pharmacists will be:
- Acquainted with the clinical features of all forms of gingivitis and periodontitis
 - Acquainted with some mucosal diseases – in particular acute infections, mouth ulcers and pre-malignant lesions.

Delivered by

Alex Cassar

BChD, FDS RCS(Ed)

Consultant Dental Surgeon, St Lukes Hospital,
Lecturer in Periodontology,
Faculty of Dental Surgery, University of Malta

Date Wednesday, 17 January 2007

Time 19:30 for 20:00

Venue Lecture Centre, Car Park 2
University of Malta

Book by Wednesday, 10 January 2007

This workshop provides 1.5 hours towards the MCPP continuing education requirement.

SESSION 3**Dental Pharmacotherapy****Scope**

For many people, the pharmacy is the first port of call when they have oral symptoms, such as a toothache or mouth ulcers. In many cases the person will need to be referred to a dental surgeon, but pharmacists can nevertheless provide much sound advice and guidance. Pharmacists can contribute to oral health in many ways. In addition to responding to oral symptoms, they dispense and provide advice on dental prescriptions. This session will focus on the non-operative management of common orodental conditions using pharmacological treatment modalities accessible through the pharmacist.

Objectives

- To discuss the properties of the various active ingredients used in toothpastes, mouthwashes and other similar products;
- To discuss the proper use of topical anaesthetics, desensitising agents and analgesics;
- To discuss the pharmacological management of oral and dental infections.

Learning objectives

- By the end of this session pharmacists will be able to:
- Advise patients on the selection and use of toothpastes, mouthwashes and other oral care preparations;
 - Advise patients on the pharmacological management of dental pain;
 - Understand the rationale behind the use of antimicrobial drugs used in dentistry.

Delivered by

Adam Bartolo

BChD, MSc(Clin Pharmacol)

Dental Surgeon, Dental Dept, St Luke's Hospital
Lectures Operative Dentistry,
Dept of Dental Surgery, University of Malta
Vice-President, Dental Association of Malta
Member of the Faculty of General Dental Practice (UK) of the Royal College of Surgeons of England

Date Wednesday, 24 January 2007

Time 19:30 for 20:00

Venue Lecture Centre, Car Park 2
University of Malta

Book by Wednesday, 17 January 2007

This workshop provides 1.5 hours towards the MCPP continuing education requirement.

SESSION 4**Oral Hygiene and Toothbrushes Deciphered****Scope**

This session is intended to promote oral health care and oral hygiene aids, namely toothbrushes and other oral hygiene adjuncts.

Objectives

- To provide oral health preventive measures to clients.
- To review past and present literature and compare the evolution of dental products, enhancing oral hygiene.
- To get a good insight into products available on the market and bridge the gap between professionals and the client.

Learning Objectives

- By the end of the session, the pharmacists will be able to:
- Differentiate between the different types of toothbrushes on the market.
 - Advice on choice of toothbrush.
 - Promote appropriate brushing technique.
 - Familiarise themselves with the different types of dental floss and flossing technique.
 - Advice on the use and selection of appropriate mouthwashes.
 - Advice on the use of Disclosing tablets
 - To provide dietary advice to patients presenting with oral health problems.

Delivered by

Carmelina Seychell

Diploma in Dental Hygiene

Manager, Dental Hygiene Services, SLH

Carmen Caruana

Dip Dent Hyg, Dip Ger

Assistant Principal Dental Hygienist, SLH

Jeremy Lanfranco

Dip Dent Hyg, BSYA(M)UK

Assistant Principal Dental Hygienist,
Primary Health Care Department

Date Wednesday, 31 January 2007

Time 19:30 for 20:00

Venue Lecture Centre, Car Park 2
University of Malta

Book by Wednesday, 24 January 2007

This workshop provides 1.5 hours towards the MCPP continuing education requirement.

SESSION 5**Dental Prosthesis and their Care****Scope**

Dental prosthetic devices used to replace missing dental, oral hard and soft tissues are the most commonly used prostheses. General dental practitioners and specialist dentists supply these following careful assessment and treatment planning in order to restore oral function, health and aesthetics. These devices range from the simple partial denture to the more complex implant supported prosthesis. All require regular daily maintenance to ensure their long-term success with out adverse local problems that may result in further hard and soft tissue damage and/or loss of the prosthesis.

Objectives

- To give an overview of prostheses used in dentistry and an insight of the common conditions and complaints associated with these prostheses
- To heighten awareness of the importance of optimal oral hygiene and material/methods available to maintain oral hygiene for patients with a dental prosthesis
- To highlight the material and methods available for caring for a dental prostheses
- To give an insight on the treatment of problems resulting from prosthetic wear as well as adjunct material used for added comfort of a prosthesis

Learning objectives

- By the end of this presentation pharmacists will be able to:
- Give informed advice and guide patients
 - Be familiar with the prosthetic treatment options available
 - Deal with the common complaints and suggest over the counter remedies
 - Understand the importance of oral care and care of prostheses
 - Refer patients when necessary

Delivered by

Alexander Azzopardi

BChD(Hons), MPhil (Malta), PhD (London)

Consultant Rehabilitative and Preventive Dentistry Specialist, Oral Surgery
Senior Lecturer Faculty of Dental Surgery
University of Malta

Date Wednesday, 7 February 2007

Time 19:30 for 20:00

Venue Lecture Centre, Car Park 2
University of Malta

Book by Wednesday, 31 January 2007

This workshop provides 1.5 hours towards the MCPP continuing education requirement.

SESSION 6**Dental Procedures Explained****Scope**

Pharmacists come into contact with dental patients before and after dental appointments. Dental patients experiencing problems or difficulties will often consult an alternative source of health information, and the pharmacist is a likely candidate.

This session covers a range of dental procedures so that pharmacists have sufficient background knowledge to talk to patients about their oral health and reinforce the dentist's advice.

Objectives

- To discuss infection control measures taken in dental practice
- To discuss the safe use of radiography in dentistry
- To discuss the various aspects of a number of operative treatment modalities like restorations, root canal treatments, surgery, orthodontics and aesthetic dentistry.

Learning objectives

- By the end of this session pharmacists will be able to:
- Understand the precautions taken in dental practice with respect to infection control and radiation protection;
 - Understand the scope and the limitations of a number of dental procedures;
 - Advise patients as to what is currently available through modern dentistry.

Delivered by

Adam Bartolo

BChD, MSc (Clin Pharmacol)

Dental Surgeon, Dental Department, SLH
Lectures Operative Dentistry, Dept of Dental Surgery, University of Malta
Vice-President, Dental Association of Malta
Member of the Faculty of General Dental Practice (UK) of the Royal College of Surgeons of England

Date Thursday, 15 February 2007

Time 19:30 for 20:00

Venue Lecture Centre, Car Park 2
University of Malta

Book by Wednesday, 7 February 2007

This workshop provides 1.5 hours towards the MCPP continuing education requirement.