### COSMETIC DERMATOLOGY

**Scope**

**Why Cosmetic Dermatology (CD)?**

As living standards improve, appearance becomes more important in our daily lives varying from a perspective of self to how we are viewed by others in both social and professional environments. In the past few years various treatments that have been actually demonstrated to work have become available and CD has moved from quackery (still very evident) to a rapidly growing scientifically based discipline. Substances that improve the signs of skin ageing can also concurrently have an effect against some types of non-melanoma skin cancer.

**Objectives**

- To separate the fact and the fiction in skin ageing therapy with particular reference to retinoids, alpha hydroxy acids, and Vitamin C.
- To discuss where we have arrived and where we might be going.
- To touch on a number of modalities of therapy that are strictly cosmetic emphasising the possible downside as well as the magical effects proposed.

**Delivered by**

Joseph L. Pace MD FRCPEdin FRCPLond FCPP FAAD KM

President
Foundation for Medical Services (FMS)
Clinical Professor of Dermatology
Jefferson Medical College of Thomas Jefferson University, Philadelphia
Vice President (Europe), International Academy of Cosmetic Dermatology

**Sponsored by**

Active C from La Roche-Posay Laboratoire Pharmaceutique

---

### SUN PROTECTION WHY? WHEN? HOW?

**Scope**

The adverse effects of solar UV radiation on the skin range from photoaging to photocarcinogenesis. With preventive medicine being perceived as the way forward, maximizing the emphasis on photoprotection is in order, especially bearing in mind the worldwide increasing incidence of melanoma skin cancer with its associated mortality.

**Objectives**

- To highlight relevant epidemiological data in order to substantiate recommendations for photoprotection.
- To outline the sun protection package.
- To provide insight into the level of sun awareness and sun protection practices among the Maltese public based on findings from a recent local survey.

**Delivered by**

Lawrence Scerri MD, FRCP, CCST Derm(UK), FAAD

Head of Department of Dermatology
Sir Paul Boffa Hospital
Honorary Senior Lecturer
University of Malta

**Sponsored by**

Anthelios XL from La Roche-Posay Laboratoire Pharmaceutique

---

**EXCLUSIVE ATTENDANCE**

These workshops are being organised for Health Care Professionals. All registered pharmacists are invited to become members of the Malta College of Pharmacy Practice and attend.

<table>
<thead>
<tr>
<th>Date</th>
<th>Workshop</th>
</tr>
</thead>
<tbody>
<tr>
<td>23 Oct</td>
<td>Acne</td>
</tr>
<tr>
<td>30 Oct</td>
<td>Fungal Infections</td>
</tr>
<tr>
<td>06 Nov</td>
<td>Bacterial &amp; Viral</td>
</tr>
<tr>
<td>13 Nov</td>
<td>TS, Ecz &amp; Psor</td>
</tr>
<tr>
<td>20 Nov</td>
<td>Cosmetic Derm</td>
</tr>
<tr>
<td>27 Nov</td>
<td>Photoprotection</td>
</tr>
<tr>
<td>16 Oct</td>
<td>Acne</td>
</tr>
<tr>
<td>23 Oct</td>
<td>Fungal Infections</td>
</tr>
<tr>
<td>30 Oct</td>
<td>Bacterial &amp; Viral</td>
</tr>
<tr>
<td>06 Nov</td>
<td>TS, Ecz &amp; Psor</td>
</tr>
<tr>
<td>13 Nov</td>
<td>Cosmetic Derm</td>
</tr>
<tr>
<td>20 Nov</td>
<td>Photoprotection</td>
</tr>
</tbody>
</table>

**Date**

Tuesday, 20 November 2001

**Time**

19:30 for 20:00

**Venue**

Lecture Centre, Car Park 2
University of Malta

**Book by**

Tuesday, 13 November 2001

This workshop provides 4 credits towards the MCPP continuing education requirement.

---

**Date**

Tuesday, 27 November 2001

**Time**

19:30 for 20:00

**Venue**

Lecture Centre, Car Park 2
University of Malta

**Book by**

Tuesday, 20 November 2001

This workshop provides 4 credits towards the MCPP continuing education requirement.

---

**RENEWAL OF MEMBERSHIP**

Oct 2001 - Oct 2002

<table>
<thead>
<tr>
<th>LM5</th>
<th>Full Member (&lt; 30 credits)</th>
</tr>
</thead>
<tbody>
<tr>
<td>LM6</td>
<td>Associate Member (&lt; 30 credits)</td>
</tr>
<tr>
<td>LM6</td>
<td>New Member</td>
</tr>
</tbody>
</table>

Cheques made payable to Malta College of Pharmacy Practice
Dear colleague,

Pharmacists are faced with the need to deal with skin conditions on a daily basis. It is therefore necessary for us to be armed with the latest therapeutic strategies on how to manage these conditions. In order to prepare ourselves in this field, and have the necessary knowledge to present a programme which will be beneficial to the health of the population, The College has, therefore, joined forces with leading dermatologists to present a programme which will expose us to experts who will answer all our questions.

This programme will give an overview of the common cutaneous viral and bacterial infections with a focus on the management of these disorders.

Objectives
- To familiarise the practising pharmacist with the clinical appearance of common skin infections.
- To discuss the therapeutic options that are available and provide insight into when, how and by whom these should be used.

Delivered by Paul Gatt MD MCPP (L) Consultant Dermatologist

Sponsored by Bayer AG

Date Tuesday, 23 October 2001
Time 19:30 for 20:00
Venue Lecture Centre, Car Park 2 University of Malta
Book by Tuesday, 16 October 2001

This workshop provides 4 credits towards the MCPP continuing education requirement.

ACNE VULGARIS: CLINICAL CHARACTERISTICS AND THERAPEUTIC UPDATE

Scope
Acne vulgaris is a very common dermatological condition that often causes significant psychological disturbance. Although self-limiting, acne may leave behind unsightly scarring, especially if not treated adequately or early enough. In this presentation, the clinical characterisitcs of acne as well as current therapeutic recommendations will be reviewed.

Objectives
- To highlight the varied clinical spectrum and natural history of acne.
- To give an overview of acne management and point out emerging therapeutic problems such as P. acnes antibiotic resistance.
- To provide local guidelines for acne management based on findings from a recent Maltese survey.

Delivered by Lawrence Scerri MD, FRCP, CDESTD (Dub), FAD, Head of Department of Dermatology Sir Paul Boffa Hospital
Honorary Senior Lecturer University of Malta
Sponsored by Effaclar K from La Roche-Posay

Date Tuesday, 23 October 2001
Time 19:30 for 20:00
Venue Lecture Centre, Car Park 2 University of Malta
Book by Tuesday, 16 October 2001

This workshop provides 4 credits towards the MCPP continuing education requirement.

SUPERFICIAL FUNGAL INFECTIONS

Scope
Fungal infections caused by dermatophytes and yeasts are common problems of the skin, hair and nails. Dermatophytes cause 'ringworm' including Tinea capitis, Tinea corporis and Tinea pedis. Yeast infections include candidiasis, Phymiasis vesticularis, seborrhoeic dermatitis and dandruff. Both dermatophytes and yeasts may be involved in nail infections. It is important that these conditions are diagnosed and treated properly, incorrect treatment, particularly with topical steroids, may cause significant problems.

Objectives
- To discuss aspects of clinical features, diagnosis and management of common fungal infections of the skin, hair and nails.
- Special emphasis will be placed on conditions and situations about which patients may consult their pharmacist for advice.

Delivered by Michael J. Boffa MD, FRCP (Edin), FRCP (Glasg), FAAD, CCST (Derm) (UK), MSc (Derm) (Lond), DDerm (Lond), DDUM (Lond)
Consultant Dermatologist
Sponsored by Bayer AG

Date Tuesday, 30 October 2001
Time 19:30 for 20:00
Venue Lecture Centre, Car Park 2 University of Malta
Book by Tuesday, 16 October 2001

This workshop provides 4 credits towards the MCPP continuing education requirement.

COMMON VIRAL AND BACTERIAL INFECTIONS OF THE SKIN

Scope
The skin is exposed to a variety of pathogens and consequently skin infections are common. This presentation will give an overview of the common cutaneous viral and bacterial infections with a focus on the management of these disorders.

Objectives
- To briefly discuss aspects of clinical features, diagnosis and management of eczema and psoriasis.
- To review the place of topical steroids and highlight the potential problems associated with their use.
- Special emphasis will be placed on conditions and situations about which patients may consult their pharmacist for advice.

Delivered by Michael J. Boffa MD, FRCP (Edin), FRCP (Glasg), FAAD, CCST (Derm) (UK), MSc (Derm) (Lond), DDerm (Lond), DDUM (Lond)
Consultant Dermatologist
Sponsored by Bayer AG

Date Tuesday, 6 November 2001
Time 19:30 for 20:00
Venue Lecture Centre, Car Park 2 University of Malta
Book by Tuesday, 16 October 2001

This workshop provides 4 credits towards the MCPP continuing education requirement.

TOPOICAL STEROIDS, ECZEMA AND PSORIASIS

Scope
Topical steroids are useful and often essential in the management of eczema, psoriasis and other inflammatory dermatoses. However, incorrect use of topical steroids may cause numerous problems including skin atrophy, hypertrichosis, folliculitis, pigmentary changes, spread of fungal infections, worsening of acne and rosacea and even systemic side-effects from transcutaneous absorption. Eczema and psoriasis are common steroid responsive dermatoses.

Objectives
- To discuss the therapeutic options that are available and provide insight into when, how and by whom these should be used.
- To familiarise the practising pharmacist with the clinical appearance of common skin infections.

Delivered by Paul Gatt MD MCPP (L) Consultant Dermatologist

Sponsored by Schering AG

Date Tuesday, 13 November 2001
Time 19:30 for 20:00
Venue Lecture Centre, Car Park 2 University of Malta
Book by Tuesday, 6 November 2001

This workshop provides 4 credits towards the MCPP continuing education requirement.

Dear colleague,

Pharmacists are faced with the need to deal with skin conditions on a daily basis. It is therefore necessary for us to be armed with the latest therapeutic strategies on how to manage these conditions. In order to prepare ourselves in this field, and have the necessary knowledge to present a programme which will expose us to experts who will answer all our questions.

This programme will give an overview of the common cutaneous viral and bacterial infections with a focus on the management of these disorders.

Objectives
- To highlight the varied clinical spectrum and natural history of acne.
- To give an overview of acne management and point out emerging therapeutic problems such as P. acnes antibiotic resistance.
- To provide local guidelines for acne management based on findings from a recent Maltese survey.

Delivered by Lawrence Scerri MD, FRCP, CDESTD (Dub), FAD, Head of Department of Dermatology Sir Paul Boffa Hospital
Honorary Senior Lecturer University of Malta
Sponsored by Effaclar K from La Roche-Posay

Date Tuesday, 23 October 2001
Time 19:30 for 20:00
Venue Lecture Centre, Car Park 2 University of Malta
Book by Tuesday, 16 October 2001

This workshop provides 4 credits towards the MCPP continuing education requirement.