MALTA COLLEGE OF PHARMACY PRACTICE
CONTINUING PROFESSIONAL DEVELOPMENT PROGRAMME AUTUMN 2015

in collaboration with Department of Clinical Pharmacology & Therapeutics, University of Malta

Focus on common Ophthalmic Conditions
DEAR COLLEAGUES,

Due to feedback from our members, we have decided to dedicate our programme to addressing common ophthalmic conditions. Participants have ample opportunity to interact with the speakers during the informal Q&A time to clarify any unresolved issues or explore a topic further. We thus encourage you to become members and participate fully in these sessions.

We would like to thank our speakers for accepting our invitation to address our members. A very big thank you to our sponsors for supporting this session.

Maria Cordina
BPharm (Hons) (Melit) PhD (QUB), Dip Health Outcomes Research
President, Malta College of Pharmacy Practice

SESSION 1
Managing the Red Eye

Scope
Red eye is a common problem that is encountered in daily practice. It is often due to dilated or swollen blood vessels. There are various causes for this condition, some of which are relatively minor while others may constitute a medical emergency. This sessions aims to delve deeply into this condition.

Objectives
• To review the different causes of the red eye
• To discuss the formulation of a differential diagnosis for a patient with a red eye based on history and examination
• To discuss the different treatment options for each condition
• To identify pharmacological causes of the red eye

Learning objectives
By the end of the session pharmacists will be able to:
• Recognize the causes of red eye ranging from the common and relatively innocuous to the more serious sight or life threatening ones
• Be aware of the different treatment options available
• Recognize the features of the red eye which warrant urgent referral to an ophthalmologist

Delivered by
John Grech Hardie
MD, FEBO
Consultant Ophthalmic Surgeon
Mater Dei Hospital
Visiting Lecturer, University of Malta

DATE
Tuesday, 20 October 2015
TIME
19.45 for 20:00
VENUE
Lecture Centre, University of Malta

This workshop provides 4 credits towards the MCPP continuing education requirement.

SESSION 2
Cataracts and the Pharmacist and Common Lid and Conjunctival conditions

Scope
Cataracts can affect the normal day to day activities of patients. Surgery can resolve this, but avoiding infections or secondary complications is paramount. The presentation and management of common lid and conjunctival conditions will also be discussed.

Objectives
• To advise patients according to present hospital guidelines
• To know what is normal and abnormal in the immediate post-operative period
• To deal with common lid and conjunctival conditions which present to the pharmacist first

Learning Objectives
By the end of the session pharmacists will:
• Know about the present management of cataract surgery in a hospital setting
• Be able to recognise normal and abnormal features after cataract surgery
• Be able to recognise the common lid and conjunctival conditions and their management

Delivered by
Mario Vella
MD, FRCSEd, MRCSEd (Ophth), FEOB, DISSO
Chairman Department of Ophthalmology
Mater Dei Hospital

DATE
Tuesday 27 October 2015
TIME
19.45 for 20:00
VENUE
Lecture Centre, University of Malta

This workshop provides 4 credits towards the MCPP continuing education requirement.

SESSION 3
Glaucoma: Current Medications, side effects and what does the future hold?

Scope
A description of this common, blinding eye disorder, its epidemiology, management and presentation will be discussed. The medical treatment available and the effect of glaucoma being on the Schedule V in Malta will also be presented. An overview of the novel forms of therapy will be also be given.

Objectives
• To discuss the most common glaucoma types and their pathophysiology
• To discuss the treatment available and their side effects
• To discuss any other medications which may induce glaucoma
• To discuss the importance of adherence to therapy, especially with topical medication

Learning Objectives
By the end of the session the pharmacists should be able to:
• Be updated on the possible local and systemic side effects of glaucoma medications
• Educate the patient on importance of compliance with glaucoma medications and method of administration of drops
• Be aware of the various drugs available on the international market, many of which are not available in Malta

Delivered by
Francis Carbonaro
MD, MRCOphth, PhD (Lond), FRCoPhth
FEBOS Glaucoma, CCT (UK)
Consultant Ophthalmologist
Mater Dei Hospital

DATE
Tuesday 3 November 2015
TIME
19.45 for 20:00
VENUE
Lecture Centre, University of Malta

This workshop provides 4 credits towards the MCPP continuing education requirement.
SESSION 4

The spectrum of infectious and allergic disease of the eye

Scope
Ophthalmology has entered an era of exciting times - and this is not just through innovative surgical techniques but also by maximising pharmacologic modalities in delivering drugs inside the eye for the treatment of common sight-threatening conditions. The scope of the lecture is to outline the spectrum and array of ocular infections that are so prevalent and are a continuous challenge for the multi-disciplinary team dealing with such diseases.

Objectives
• To increase awareness of what is common and less common in the field of infectious diseases of the eye
• To provide an overview of the management of such conditions
• To provide an overview of prognostic factors and the psychosocial impact especially sexually-related ocular infections.
• To review the management of allergic eye disease and differential diagnosis.

Learning Objectives
By the end of the session pharmacists will be able to:
• Appreciate the wide spectrum of microbes which harm the eyes
• Better appreciate the different clinical pictures of eye infections.
• Influence the outcome in allergic disease of the eye
• Educate the patients and their carers on prevention
• Further educate the patient regarding some common sequelae related to the medications.

Delivered by
Melvin J. Gouder
MD, MRCOphth (UK), MRCSed (Ophth), DISSO.
Consultant Ophthalmic Surgeon, Mater Dei Hospital, Malta
Visiting Senior Lecturer, University of Malta

DATE Tuesday, 10 November 2015
TIME 19:45 for 20:00
VENUE Lecture Centre, University of Malta

This workshop provides 4 credits towards the MCPP continuing education requirement.

SESSION 5

Myopia Hyperopia Astigmatism and Presbyopia: Common beliefs and myths

Scope
Reduced vision and uncorrected refractive errors can lead to reduced quality of life and may in certain occasions be even life threatening. This session will seek to highlight different reasons for poor vision and their management.

Objectives
• To outline the different types of refractive errors and their correction
• To outline other possible causes of reduced vision
• To differentiate between the routine and the urgent referrals
• To present a guideline of management

Learning Objectives
By the end of the session pharmacists will be able to:
• Better appreciate the different types of refractive errors
• Be familiar with the causes of reduced vision
• Be updated on management guideline
• Assess the situation that may occur and direct the patient accordingly.

Delivered by
Kerstien Gabarretta
BSc Optom (Hons), MC Optom, EAOO

DATE Tuesday, 17 November 2015
TIME 19:45 for 20:00
VENUE Lecture Centre, University of Malta

This workshop provides 4 credits towards the MCPP continuing education requirement.

SESSION 6

Advances in Contact Lens Practice

Scope
Contact lens practice has evolved dramatically over the past 4 decades. This session seeks to highlight the common practices and malpractices in contact lens use and also to indicate some less common forms of contact lens practice.

Objectives
• To outline the different types of contact lenses and solutions
• To outline the proper practice and frequent malpractices by contact lens users
• To present some less common forms of specialty contact lenses that a pharmacist may occasionally encounter

Learning Objectives
By the end of the session pharmacists will be able to:
• Updated on current practices in contact lens use
• To guide contact lens wearers and potential contact lens wearers on best practice and safe use of these products

Delivered by
Kerstien Gabarretta
BSc Optom (Hons), MC Optom, EAOO

DATE Tuesday, 24 November 2015
TIME 19:45 for 20:00
VENUE Lecture Centre, University of Malta

This workshop provides 4 credits towards the MCPP continuing education requirement.
Renewal of membership
OCTOBER 2015 - SEPTEMBER 2016
€22 Full Member (≥30 credits)
€25 Associate Member (< 30 credits)
€25 New Member

For clarification of membership status and amount payable you may send an email to: registrar@mcppnet.org

In the interest of efficiency we would like to urge pharmacists to pay their membership in advance.
Cheques should be made payable to:
The Malta College of Pharmacy Practice
Cheques should be mailed to:
Prof. Maria Cordina, President
Malta College of Pharmacy Practice
c/o Department of Clinical Pharmacology & Therapeutics
University of Malta, Msida

Exclusive attendance
All registered pharmacists are invited to become members of the Malta College of Pharmacy Practice and attend. Only registered pharmacists are eligible to become members of the College and thus participate in the events organised.

Students wishing to attend should send an email to: president@mcppnet.org | SMS: 7920 9249

Due to construction work the Lecture Centre cannot be accessed through car park 2. Car park 2 is totally sealed off. Access is by taking the pathway and stairs on the left hand side of the library as indicated in the map below.

Event will be accredited by MCPP